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## **BIO**

Dale G. Larson (B.A, University of Chicago; Ph.D, U.C. Berkeley) is J. Thomas and Kathleen L. McCarthy Professor, and Professor of Counseling Psychology, Santa Clara University. A clinician and researcher, he is a Fulbright Scholar, a Fellow in the American Psychological Association (3 Divisions), and member of the International Work Group on Death, Dying and Bereavement. His publications on end-of-life issues, stress in professional caregivers, grief and grief counseling, and secrets and self-concealment are widely cited, both in the scientific literature and in the popular media, and he was Senior Editor and a contributing author for the *Finding Our Way: Living with Dying in America* national newspaper series that reached 7 million Americans. He is the author of *The Helper's Journey: Empathy, Compassion, and the Challenge of Caring* and editor of *Teaching Psychological Skills: Models for Giving Psychology Away*. He received the Association for Death Education and Counseling Death Educator Award in 2016 and in 2018 was honored as an Innovator of Hospice and Palliative Care by the National Hospice Foundation.

## **KEYNOTE PRESENTATIONS**

Oncology Nursing Society Congress, Association for Death Education and Counseling, National Hospice and Palliative Care Organization, American Academy of Hospice and Palliative Medicine, Mayo Clinic, University of Texas MD Anderson Cancer Center, Australian Psychological Society, European Association of Client-Centered Psychotherapy and Person-Centered Approach, University of Iowa Cancer Center, University of Iowa Hospitals and Clinics, Scripps Clinic and Research Foundation, Jewish Hospice and Chaplaincy Network (5x), Harrington Cancer Center, Illinois State Hospice Organization, Hospice for the Carolinas, Missouri Hospice Organization, Florida Hospices Inc., Riverside Regional Cancer Institute, Iowa Hospice Organization, Ohio Hospice Organization, Texas Hospice Organization, Alabama Hospice Organization, Tennessee Hospice Organization, Washington State Hospice Association, Hospice of North Carolina, Michigan Hospice Association, Hospice of Lancaster, New Jersey Hospice and Palliative Care Organization, Florida Hospices and Palliative Care, Michigan Hospice and Palliative Care Organization, Trinity Health System, North Dakota Hospice Organization, Colorado Hospice Organization, Minnesota Hospice and Palliative Care Network (3x), Wyoming Hospice Organization, U.C. Davis Center for Healthy Aging, Oregon Hospice Organization, Pennsylvania Hospice Network, Florida Association of Child Life Professionals, Children's Hospital of Wisconsin, Virginia Association for Hospices, Deaconess Hospital,

Hospice of Louisville, Oklahoma State Hospice Association, Texas Children's Hospital, Washington State Hospice Organization, National Catholic Ministry to the Bereaved.

## **SANTA CLARA UNIVERSITY**

J. Thomas and Kathleen L. McCarthy Professor, and Professor of Counseling Psychology, Santa Clara University, September, 2022-present.

Professor, Department of Counseling Psychology, Santa Clara University, 2003-2022  
(Associate Professor, 1988-2003) (Assistant Professor, 1982-1988)

Interim Dean, School of Education, Counseling Psychology, and Pastoral Ministries, Santa Clara University, June, 2007-June, 2008

Chairperson, Department of Counseling Psychology, Santa Clara University, 1998-2001

Founding Chairperson, Department of Counseling Psychology, 1998 (Department transitioned from program to departmental status in 1998).

Coordinator, Health Psychology Emphasis, Department of Counseling Psychology, 1982-present

Markkula Center Scholar, 1995-present

## **EDUCATION**

Ph.D., Clinical Psychology, University of California, Berkeley, December 10, 1977

M.A., Clinical Psychology, University of California, Berkeley, June 15, 1974

B.A., Psychology, University of Chicago, June 12, 1971

## **HONORS**

*The Helper's Journey: Empathy, Compassion, and the Challenge of Caring* (2020, 3<sup>rd</sup> place, American Journal of Nursing Book of the Year Award competition (Hospice and palliative care category) 1/2021

National Hospice Foundation, *Innovator of Hospice and Palliative Care*, 4/2018

*Death Educator Award*, Association for Death Education and Counseling, 2016. This is one of the major awards given by this national organization.

Fellow, Division 32, Humanistic Psychology, 2016

Fellow, Division 38, Health Psychology, American Psychological Association, 2009

Fellow, Division 17, Counseling Psychology, American Psychological Association, 2008

2007 Kara Pioneer Award, "In recognition of pioneering work in end-of-life care," Palo Alto, CA, 11/2/2007

2007 Hospice Award of Excellence. This award honors individuals or organizations that have made a significant difference in the arena of hospice care. Award presented March 20, 2007, Hospice of Northeastern Illinois, Barrington, Illinois.

Award of Excellence recipient for the National Hospice Organization's 1997 Awards of Excellence for Educational Achievement Competition for Innovative Use of Non-Print Media/Electronic Media. The *Hospice Home Page* was recognized on October 16, 1997 at a special awards ceremony at NHO's Annual Symposium and Exposition in Atlanta, Georgia.

Expert in Residence, W. K. Kellogg Foundation, Battle Creek, Michigan, 3/12/95-3/13/95

*The Helper's Journey: Working With People Facing Grief, Loss, and Life-Threatening Illness* cited as a 1993 Book of the Year by the *American Journal of Nursing*, and awarded Special Mention in the 16th annual Alpha Sigma Nu book award competition of the National Jesuit Society.

Fulbright Scholar, lecturing and research at the University of Heidelberg, West Germany, "A Cross-Cultural Study of Self-Concealment, Coping, and Health," 1989

Summer Scholar, Stanford Center for Advanced Study in the Behavioral Sciences, Summer Institute, "Behavioral Change in Mental Health, Behavioral Medicine, and Education," 1988

United States Public Health Services Training Fellowship, 1971-1975, University of California, Berkeley

Honors in the College and General Honors, University of Chicago, 1971

## **CLINICAL TRAINING AND LICENSES**

Clinical Psychology Intern, San Francisco VA Hospital, San Francisco, 7/75-6/76

Clinical Psychology Intern, U. C. Berkeley, Psychology Clinic, 9/74-6/75

Licensed Clinical Psychologist, 1983-present (PA7753)

Licensed Marriage & Family Therapist, 1976-present (MT8529)

## **PROFESSIONAL MEMBERSHIPS**

### *Associations*

Fellow, American Psychological Association, Divisions 17, 38, and 32

Member, International Work Group on Death, Dying, and Bereavement

Member, Association for Death Education and Counseling

### ***Committees and Offices***

Member, American Psychological Association End of Life Issues and Care Advisory Panel, 2016-

Member, Distance Education Committee, Association for Death Education and Counseling, 6/2011-6/2015

Member, Advisory Panel for the American Psychological Association Ad Hoc Committee on End-of-Life Issues, March, 2001-2003

Founding Co-chair (with Dr. Carl Thoresen, Stanford University), Health Psychology Interest Group, Division 17, American Psychological Association, 8/87-6/90

Health Psychology Coordinator for Western Association for Counselor Educators and Supervisors, 9/85-9/87

Ad Hoc Committee on Aging, American Psychological Association, Division 17, 2/85-12/87

### ***Boards***

Associate Editor, *American Journal of Health Promotion*, 6/87-6/92

Member, Editorial Advisory Board, *The Hospice Journal*, 6/91-12/99

Member, Professional Advisory Board, Hospice of the Valley, San Jose, CA, 9/07- 6/18

Member, Board of Directors, California Hospice and Palliative Care Association, 12/07-6/09

Touchstone Advisory Council, Palo Alto, 1986-1996

Advisory Board, Visiting Nurse Association Hospice, Santa Clara, CA, 6/86-6/88

Health Behavior Education Committee for the School of Education, Stanford University, 4/85-4/86

Advisory Board, O'Connor Hospital Home Health Care Agency, San Jose, 6/84-6/87

Board of Directors, Shanti Project, San Francisco, 1975-1978

## **PUBLICATIONS**

### ***Books***

Larson, D. G. (2020). *The helper's journey: Empathy, compassion, and the challenge of caring* (2<sup>nd</sup> ed.). Champaign, IL: Research Press

Larson, D. G. (1993). *The helper's journey: Working with people facing grief, loss, and life-threatening illness*. Champaign, IL: Research Press

Larson, D. G. (Ed.). (1984). *Teaching psychological skills: Models for giving psychology away*. Monterey, CA: Brooks/Cole.

## Chapters

- Larson, D. G. (in press)). A person-centred approach to grief counselling. In M. Cooper, M. OHara, & P. F. Schmid (Eds.), *The handbook of person-centred psychotherapy and counselling* (3<sup>rd</sup> ed.). New York: Palgrave Macmillan.
- Larson, D. G. (2020). Chapter 15. Dale G. Larson. In D. E. Balk (Ed.), *Living, Dying, Death and Bereavement: Conversations with Thanatologists, Volume One*, (pp. 363-392). New Castle Upon Tyne: Cambridge Scholars Publishing. One of 37 thanatologists interviewed for this two-volume book documenting the history of thanatology.
- Larson, D. G. (2013). A person-centred approach to grief counselling. In M. Cooper, M. OHara, P. F. Schmid, & A. Bohart (Eds.), *The handbook of person-centred psychotherapy and counselling* (2<sup>nd</sup> ed., pp. 313-326). New York: Palgrave Macmillan.
- Larson, D. G., & Hoyt, W. T. (2007). The bright side of grief counseling: Deconstructing the new pessimism. In K. J. Doka (Ed.), *Living with grief: Before and after the death* (pp. 157-174). Washington, DC: Hospice Foundation of America.
- Larson, D. G., & Bush, N.J. (2006). Stress management for oncology nurses: Finding a healing balance. In R.M. Carroll-Johnson, L.M. Gorman, & N.J. Bush (Eds.), *Psychosocial nursing care along the cancer continuum* (2nd ed.) (pp. 587-601). Pittsburgh, PA: Oncology Nursing Society.
- Larson, D. G. (2000). Anticipatory mourning: Challenges for professional and volunteer caregivers. In T. A. Rando (Ed.), *Clinical dimensions of anticipatory mourning: Theory and practice in working with the dying, their loved ones, and caregivers* (pp. 379-395). Champaign, IL: Research Press.
- Larson, D. G. (1998). Foreword. In P. M. Camic & S. Knight (Eds.), *Clinical Handbook of Health Psychology : A Practical Guide to Effective Interventions* (pp. v-vii). Seattle: Hogrefe & Huber.
- Larson, D. G. (1998). Stress management for the oncology nurse: Finding the balance. In N. Gorman, N., N. J. Bush, & R. M. Carroll-Johnson (Eds.), *Psychosocial nursing along the cancer continuum* (pp. 449-459). Pittsburgh, PA: Oncology Nursing Press.
- Larson, D. G. (1984). Giving psychology away: The skills training paradigm. In D. G. Larson, (Ed.), *Teaching psychological skills: Models for giving psychology away* (pp. 1-18). Monterey, CA: Brooks/Cole.
- Korchin, S. J., & Larson, D. G. (1977). Form perception and ego functioning. In M. A. Rickers-Ovsiankina (Ed.) *Rorschach psychology* (pp. 159-187). New York: Krieger.

## *Newspaper Series*

Larson, D. G. et al. (Eds.) (2001). Knight Ridder newspaper series *Finding our way: Living with dying in America*. Washington, D. C. Knight Ridder/Tribune. Also Senior Editor for this newspaper series that reached seven million Americans.

## *Articles and Other Publications*

Coauthor with Anewalt, Connor, Gray, Hunt, & Worden (2020). Briefing Note for Family Members Who Can't Visit Their Sick Relatives or Attend Funeral Services, Palliative Care in the COVID-19 Pandemic. Retrieved from <http://globalpalliativecare.org/covid-19/uploads/briefing-notes/briefing-note-grief-and-bereavement-for-family-members-who-cant-visit-their-sick-relatives-or-attend-funeral-services.pdf> 7/18/20

Coauthor with Bruera, Lattanzi-Licht, Namisango, & Vachon (2020). Briefing Note: Self-Care for Caregivers During the COVID-19 Pandemic, Palliative Care in the COVID-19 Pandemic. Retrieved from <http://globalpalliativecare.org/covid-19/uploads/briefing-notes/briefing-note-self-care-for-caregivers-during-the-covid19-pandemic.pdf> 7/18/20

Masuda, A., Tully, E. C., Drake, C. E., Tarantino, N., Ames, A. M., & Larson, D. G. (2017). Examining self-concealment within the framework of psychological inflexibility and mindfulness: A preliminary cross-sectional investigation. *Current Psychology: A Journal for Diverse Perspectives on Diverse Psychological Issues*, 36 (1), 184-191.

Larson, D. G., & Chastain, R. L. (2016). Self-Concealment Scale (SCS). In V. Zeigler-Hill & T. K. Shackelford (Eds.), *Encyclopedia of personality and individual differences*. New York, NY: Springer.

Larson, D. G., Chastain, R. L., Hoyt, W. T., & Ayzenberg, R. (2015). Self-concealment: Integrative review and working model. *Journal of Social and Clinical Psychology*, 34(8), 705-729.

Larson, D. (Practitioners). (2015). *Person-centered grief counseling, part 1* [Video]. SAGE Knowledge. <https://www.doi.org/10.4135/9781473941250>

Larson, D. (Academics). (2015). *Person-centered grief counseling, part 2* [Video]. SAGE Knowledge. <https://www.doi.org/10.4135/9781473941267>

Larson, D. G. (March/April, 2014). Getting grief working: A guide for the new grief therapist. *New Therapist*, 25-29.

Larson, D. G. (2014). Taking stock: Past contributions and current thinking on death, dying, and grief. *Death Studies*, 38, (5), 349-352.

Larson, D. G., Chastain, R. L., Hoyt, W. T., & Ayzenberg, R. (2014, August). Self-Concealment research and theory: An integrative review. In D. G. Larson (Chair), *Self-concealment: Clinical and health-related consequences and mechanisms of action*. Symposium conducted at the meeting of the American Psychological Association, Washington, DC.

- Hoyt, W. T., & Larson, D. G. (2010). What have we learned from research on grief counselling? Response to Schut and Neimeyer. *Bereavement Care*, 29, 10-13.
- Larson, D. G., & Hoyt, W. T. (2009). Grief counseling efficacy: What have we learned? *Bereavement Care*, 28 (3), 14-19.
- Hoyt, W. T., & Larson, D. G. (2008). A realistic approach to drawing conclusions from the scientific literature: Response to Bonanno and Lilienfeld (2007). *Professional Psychology: Research and Practice*, 39, 378-379.
- Larson, D. G., & Hoyt, W. T. (2007). What has become of grief counseling?: An evaluation of the empirical foundations of the new pessimism. *Professional Psychology: Research and Practice*, 38, 347-355.
- Larson, D. G., & Hoyt, W. T. (2006, April). Deterioration effects in grief counseling: In search of the evidence. In S. Connor (Symposium Chair), Grief counseling: Can it be harmful? Symposium conducted at the 7<sup>th</sup> Annual Clinical Team Conference and Scientific Symposium of the National Hospice and Palliative Care Organization, San Diego.
- Larson, D. G. (2006, March). Stress management in pediatric palliative and hospice care. *NHPCO ChiPPS Pediatric Palliative Care Newsletter*. Issue #4.
- Engelhardt, J. B., McClive-Reed, K. P., Toseland, R. W., Smith, T. L., Larson, D. G., & Tobin, D. R. (2006). Effects of a program for coordinated care of advanced illness on patients, surrogates, and healthcare costs: A randomized trial. *American Journal of Managed Care*, 12, 41-49.
- Larson, D. G. (2005). *Becky's Legacy*: More lessons. *Death Studies*, 29, 745-757.
- Haley, W. E., Larson, D. G., Kasl-Godley, J., Neimeyer, R., & Kwilosz, D. (2003). Clinical roles for psychologists in end-of-life care: Emerging models of practice. *Professional Psychology: Research and Practice*, 34 (6), 626-633.
- Larson, D. G. (2003, Issue 4). Stronger together: Reflecting on the hospice interdisciplinary team. Excerpts reprinted from *The Helper's journey: Working with people facing grief, loss, and life-threatening illness*. *Hospice and Palliative Care Insights*. Alexandria, VA: National Hospice and Palliative Care Organization.
- Pines, A. M., Ben-Ari, A., Utasi, A., & Larson, D. (2002). A cross-cultural investigation of social support and burnout. *European Psychologist*, 7, 256-264.
- Connor, S. R., Egan, K., Kwilosz, D., Larson, D. G., & Reese, D. (2002). Interdisciplinary approaches to assisting with end-of-life care and decision making. *American Behavioral Scientist*, 46, 340-356.

- Larson, D. G. (2002, August). Tough talk: Finding the words for living with loss. *Santa Clara Magazine*, 44, 12-15.
- Larson, D. G. (2001). It's time to talk: The most important conversations often are the most difficult to have. Article published as part of the Knight Ridder newspaper series *Finding our way: Living with dying in America*. Appeared in approximately 160 newspapers, including the *Philadelphia Inquirer*, and locally in the *Monterey Herald*, *Santa Cruz Sentinel*, and the *San Jose Mercury News*.
- Larson, D. G., & Tobin, D. R. (2000). End-of-life conversations: Evolving practice and theory. *JAMA*, 284, 1573-1578.
- Tobin, D.R., & Larson, D. G. (2000). *Advanced illness coordinated care program training manual*. Albany, New York: Life Institute.
- Larson, D. G. (1997). Caring that empowers: Meeting the needs of overwhelmed clients [Review of the book *The power to care: Clinical practice effectiveness with overwhelmed clients*]. *Death Studies*, 21, 203-208.
- Larson, D. G. (1993). Self-concealment: Implications for stress and empathy in oncology care. *Journal of Psychosocial Oncology*, 11, 1-16.
- Larson, D. G. (1992). The challenge of caring in oncology nursing. *Oncology Nursing Forum*, 19, 857-861.
- Larson, D. G. (author and presenter), & Mulpeters, P. M. (Executive Producer). (1991). *The caring helper: Skills for caregiving in grief and loss* [Videotape film]. Menlo Park, CA: Catholic Television Network.
- Larson, D. G. (1991, Summer). The codependent caregiver: A dangerous myth? *Hospice*, 17-19. Reprinted in (1991, Summer) *Santa Clara Magazine*, pp. 46-47.
- Larson, D. G., & Chastain, R. L. (1990). Self-concealment: Conceptualization, measurement, and health implications. *Journal of Social and Clinical Psychology*, 9, 439-455.
- Hoy, A. M., Martinson, I. M., Aakre, M, Adams, D. W., Bates, T., Benoliel, J. Q., Gjertsen, E., Henteleff, P., Larson, D. G., Narke, M. D., O'Connor, P. M. (1989). International work group on death, dying, and bereavement checklist for international consultation in hospice care. *Death Studies*, 13, 323.
- Larson, D. G. (1987). Helper secrets: Internal stressors in nursing. *Journal of Psychosocial Nursing and Mental Health Services*, 25, 20-27.
- Larson, D. G. (1986). Seeking support: Questions to Dr. Dale Larson. *Hospice Team Quarterly*, 1(1), 6.



- Larson, D. G. (1986). Seeking support: Questions to Dr. Dale Larson. *Hospice Team Quarterly*, 1(2), 6.
- Larson, D. G. (1986). Developing effective hospice staff support groups: Pilot test of an innovative training program. *Hospice Journal*, 2(2), 41-55.
- Larson, D. G., & Cook, R. E. (1985). Life skills training in education. *Journal of Group Psychotherapy, Psychodrama, and Sociometry*, 38, 11-22.
- Larson, D. G. (1985). Helper secrets: Invisible stressors in hospice work. *American Journal of Hospice Care*, 2, 35-40.
- Larson, D. G. (1985). Giving psychology away: A skills training paradigm. *Santa Clara Magazine*, 27, 23-26.
- Larson, D. G. (Speaker). (1985). *Caring for caregivers: A training program for hospice and oncology staff support groups*. San Francisco: California Department of Mental Health.
- Garfield, C. A., Larson, D. G., & Schuldberg, D. (1982). Mental health training and the hospice community: A national survey. *Death Education*, 6, 189-204.
- Larson, D. G. (Producer), Garfield, C. A. (Producer), & Weeks, W. H. (Director). (1981). *Hospice Encounters: A Mental Health Training Film* [film] San Francisco: Auric Films.
- Singer, M. T., & Larson, D. G. (1981). Borderline personality and the Rorschach test. *Archives of General Psychiatry*, 38, 693-698.
- Larson, D. G. (1980). Therapeutic schools, styles, and schoolism: A national survey. *Journal of Humanistic Psychology*, 20, 3-20.
- Platt, D., Holzman, P. S., & Larson, D. (1971). Individual consistencies in kinesthetic figural after-effects. *Journal of Perceptual and Motor Skills*, 32, 787-795.

## *Selected Presentations*

Grand Rounds (“Person-Centered Care in the COVID Era”), Temple Psychiatry, Temple TX, 9/16/22. Grand Rounds,

Sole Presenter (“Finding Our Way: Growth and Resilience in Difficult Times”—for the public; “Beyond Burnout: Finding Balance and Enhancing Resistance”—for Educators; “The Helper’s Journey: Empathy, Compassion, and the Challenge of Caring”—for Clinicians), 2022 Annual Grief Conference, McAfee Funeral Homes, Greenville, SC, 9/8-9/9/22

Plenary presentation (“The Challenge of Caregiving in the COVIDS Era”), 14<sup>th</sup> Annual Weisberg Caring Coalition Conference, Southfield, Michigan, 5/25/22

Keynote presentation (“The Helper’s Journey: Empathy, Compassion, and the Challenge of Caring in the Era of Covid-19”), the 43<sup>rd</sup> Annual Conference of the Association for Death Education and Counseling, St. Louis, Missouri, 4/23/22

Keynote presentation (“The Helper’s Journey: Empathy, Compassion, and the Challenge of Caring in Uncertain Times”) for the 12th Biennial Bereavement Conference, Baylor University: Grief Therapy: A Clinical Challenge—A Helper's Journey, Temple, Texas, 10/1/21.

Webinar (“The Parkinson’s Caregiver’s Journey: Finding Balance”), Stanford Parkinson’s Community Outreach, 9/22/21

Webinar, all-day program (“Meeting the Challenge of Caring: Finding Balance and Enhancing Resilience”), Center for Complicated Grief, Columbia University, 3/25/21

Public Service Announcements for Northern California (2021). Health Connections: Get Help, Health Connections: Providers <https://www.youtube.com/watch?v=ROdg9FbdIQk> Norcal Public Media

Webinar (“The Helper’s Journey: Empathy, Compassion, and the Challenge of Caring”), Tragedy Assistance Program for Survivors (TAPS), Program for 350 clinicians providing counseling for bereaved military and their family members. 4/20/21

Webinar (“The Helper’s Journey: Empathy, Compassion, and the Challenge of Caring”). Spiritual Care Association, 7/8/2020

Webinar (“Stress and Resilience in the COVID-19 Pandemic”), Providence Hospitals, 6/30/20

Webinar (“Loss, Transformation, and the COVID-19 Pandemic”), Caura Palliative Care, Trinidad, 6/25/20

Panel member (“Dying Alone”), Grief Conference: Finding Hope During Uncertain Times, Open to Hope Foundation, 6/22/20

Webinar participant (“Palliative Care in COVID-19: Interprofessional Spiritual Care and Self-Care”), Global Palliative Care Series, 6/11/20

Zoom webinar with discussion ([“Bereavement Struggles During COVID-19”](#)), [Open to Hope Foundation](#), 5/22/20

Webinar discussant ([“Suffering Alone and Grief and Bereavement”](#)), [Global Palliative Care Series](#), 5/15/20

Webinar with Kenneth Doka ([“Helping Grievors Cope With Guilt, Anger, and Other Difficult Emotions”](#)), [Tragedy Assistance Program for Survivors \(TAPS\)](#), 5/7/20

Podcast ([“Empathy and Compassion in the Time of COVID-19”](#)), [Nurse Keith Show](#), 5/4/20

Webinar panelist ([“Overcoming the Challenges to Hospice and Palliative Care During COVID-19”](#)), [Hospice Foundation of America](#), 4/15/20

Webinar ([“Strategies for Coping When You Are Feeling Isolated”](#)), [Tragedy Assistance Program for Survivors \(TAPS\)](#), 3/27/20

Webinar ([“End-of-Life Conversations”](#)), [Australian Centre for Grief and Bereavement](#), 1/30/20

Plenary address (“The Helper’s Journey: Empathy, Compassion, and the Challenge of Caring”), [Hospice and Palliative Care Association of Arkansas](#), Little Rock, AR, 10/16/19

Symposium Chair (“Minority Stress: Implications for Mental Health and Treatment with Gender and Sexual Minorities”), [American Psychological Association Annual Convention](#), Chicago, IL, 8/10/19.

Symposium Chair (“Secrets, Secret Keeping, and Self-Concealment: Implications for Well-Being and Psychotherapy”), [American Psychological Association Annual Convention](#), Chicago, IL, CO, 8/8/19.

Webinar (“Beyond Burnout: Finding Balance and Enhancing Resilience”), [Center for Complicated Grief, Columbia University](#), 10/4/19

Plenary presentation (“Beyond Burnout: Enhancing Resilience”). The Challenge of Caring”), 12<sup>th</sup> Annual Caring Coalition Conference, [Jewish Hospice and Chaplaincy Network](#), Detroit, MI, 3/27/19

Concurrent presentation (“The Tasks of Grieving and the Tasks of Counseling”) with William Worden, [Association for Death Education and Counseling](#), Atlanta, GA, 4/1///19

National webinar (“Disenfranchised Grief”), with Kenneth J. Doka, [Hospice Foundation of America](#), 10/16/18

National webinar (“A Person-Centered/Emotion-Focused Approach to Grief Counseling”), [Association for Death Education and Counseling](#), 10/10/18

Preconference presentation (“Beyond Burnout: Finding Balance, Transforming Stress”), Association for Death Education and Counseling 40<sup>th</sup> Annual Conference, Pittsburgh, PA, 4/25/18

Medical seminar (“Moral Distress”), Kaiser Permanente Homestead, Santa Clara, CA, 11/9/17

National webinar (“Helping Mourners Deal with Jealousy, Guilt, and Shame in Bereavement”), with Kenneth J. Doka, Hospice Foundation of America, 10/17/17

Keynote address (“Secrets at the End of Life”), 2017 National Hospice and Palliative Care Organization Interdisciplinary Conference, San Diego, CA, 9/20/17

2017 Australian Centre for Grief and Bereavement International Educator Tour (“Getting Grief Working: An Integrative Person-Centered Approach to Counseling for Grief and Loss,” and “Secrets in Grief Counseling and End-of-Life Care: Making the Invisible Visible”), Melbourne, Brisbane, Sydney, AU, 6/19/17-6/27/17

Preconference all-day workshop (“The Helper’s Journey 2.0: Working With People Facing Grief, Loss, and Life-Threatening Illness”), Association for Death Education and Counseling, Portland, Oregon, 4/5/17

Keynote address (“The Human Side of Health Care”), 2017 Minnesota Network of Hospice and Palliative Care, Minneapolis, MN, 4/3/17 (900 professionals in attendance)

Concurrent session (“Secrets at the End of Life”), 2017 Minnesota Network of Hospice and Palliative Care, Minneapolis, MN, 4/3/17

National webinar (“On the Edge of a Cliff: Coping with Stress and Compassion Fatigue”), National Hospice and Palliative Care Organization, 10/13/16

National webinar (“Grief: Finding Your Own Path, a New Perspectives Program”), with Kenneth Doka, Hospice Foundation of America, 9/20/16

National webinar (“Secrets in Grief Counseling and End-of-Life Care”), Association for Death Education and Counseling, 8/17/16

Symposium Chair (“Self-Concealment and Sincerity: Effects on Health and Psychotherapy”) W. T. Hoyt, M. Love, K. Sargent, & A. Kelly), American Psychological Association Annual Convention, Denver, CO, 8/6/16.

Paper presentation (“Secrets and Self-Concealment: From Jourard and Shlien to the Present Day”), World Association for Person Centered and Experiential Psychotherapy & Counseling, New York, NY, 7/23/16.

Workshop presentation (“A Person-Centered Approach to Grief Counseling”), World Association for Person Centered and Experiential Psychotherapy & Counseling, New York, NY, 7/23/16

Workshop presentation (“Secrets, Lies, and Psychotherapy”), with B. Farber, & M. Love, World Association for Person Centered and Experiential Psychotherapy & Counseling, New York, NY, 7/23/16

Plenary presentation (“The Human Dimension in Health Care, Challenges of Person-Centered End-of-Life-Care”), Hospice of the Valley and the School of Education and Counseling Psychology, *9<sup>th</sup> Annual Compassion in Action Conference*, Santa Clara, CA, 3/24/16

Conversation hour presentation (“The Evolution of Self-Concealment Research and Theory: From Jourard to the Present Day”), Division 32, American Psychological Association Annual Convention, Toronto, Canada, 8/8/15

Plenary presentation (“Secrets at the End of Life”), Annual Weisberg Caring Coalition Conference), Southfield, Michigan, 3/18/15

Online program (“Grief: What Helps When It Hurts”), Hospice Foundation of America, with Kenneth Doka. Program made freely available to the public, 10/14

Lectures (“Secrets in the Helping Professions” and “The Helper’s Journey”), the Tidewell Expert Speaker Series, cosponsored by University of South Florida and Tidewell Hospice, Sarasota, FL 8/19/14-8/20/14

Symposium Chair (“Self-Concealment: Clinical and Health-Related Consequences and Mechanisms of Action,” with A. Masuda, A. Uysal, B. Farber, A. Kelly) and presenter (“Self-Concealment Research and Theory: An Integrative Review”), American Psychological Association Annual Convention, Washington, DC, 8/8/14

Symposium Discussant (“Continuing relevance of person-centered therapy—New insights, new directions,” with M. Cooper, B. Vivino, A. Bohart), American Psychological Association Annual Convention, Washington, DC, 8/7/14

Lectures (“Secrets at the end of life,” and “Meeting the challenge of caring: An integrative person-centered approach to grief counseling”), at the 10<sup>th</sup> International Conference on Grief and Bereavement in Contemporary Society, Hong Kong, China, 6/11/14-6/14/14

Seminar (“Secrets at the End of Life”), Family Services of Santa Cruz, Santa Cruz, CA, 4/26/14

Webinar (“Secrets at the End of Life”), Association for Death Education and Counseling, 4/16/14

Plenary presentation (“The Challenge of Caring”), 7<sup>th</sup> Annual Caring Coalition Conference, Jewish Hospice and Chaplaincy Network, Detroit, MI, 3/19/14

Keynote presentation (“The Human Side of Healthcare”), Annual Assembly of the American Academy of Hospice and Palliative Medicine and Hospice and Palliative Nurses Association, San Diego, CA, 3/14/14

All-day seminar (“Secrets at the End of Life”), Minnesota Coalition for Death Education and Support, Minneapolis, MN, 10/4/13

Lecture (“The Helper in Us All: Hospice Volunteerism and the Helper’s Journey”), Hospice and Palliative Care Association of Iowa, Altoona, IA, 9/13/13

Leader, all-day retreat (“The Hospice Journey and the Challenge of Caring”), Hospice Maui, Wailuku, Hawaii, 8/7/13

Symposium Chairperson (“Secrets and Health: New Insights into How Concealment and Disclosure Affect Well-Being”), with James W. Pennebaker, Andreas Wismeijer, Barry A. Farber, & Anita E. Kelly, 2013 American Psychological Association Annual Convention, Honolulu, HI, 7/31/13

Poster presentation (“Effects of Analytic Choices on Conclusions in Meta-Analysis: A Case in Point”), with William T. Hoyt and Aaron C. Del Re, 2013 American Psychological Association Annual Convention, Honolulu, HI, 8/3/13

Workshop (“The Helper’s Journey: Counseling for Grief, Loss, and Trauma”), National Center for Death Education Summer Institute on Grief and Loss, Newton, MA, 7/22/13

Lecture (“Secrets at the End of Life”), 35th Annual Conference of the Association for Death Education and Counseling, Hollywood, CA, 4/24/13

Lecture (“A Person-Centered Approach to Grief Counseling”), 27th Meeting of the International Work Group on Death, Dying, and Bereavement, Victoria, BC, Canada, 4/30/13

Lecture (“Old Wine in New Wineskins: Western Psychology Meets Buddhist Thought and Practice”), Australian Association of Buddhist Counsellors and Psychotherapists, Sydney, Australia, 3/2/13

Keynote presentation (“Grief and Grief Counseling Today: Controversy, Evidence, and Implications for Clinical Practice”), Australian Psychological Society conference, Melbourne, Australia, 2/23/2013

Webinar presentation (“The Challenge of Caring: On Compassion Fatigue, Resilience and Healing”), National Hospice and Palliative Care Organization, 11/15/2012

Master Lecture (“The Hospice Journey and the Challenge of Caring”), 2012 California Hospice and Palliative Care Association Annual Conference, Santa Clara, CA, 10/5/2012

Seminar and Retreat (“The Hospice Journey and the Challenge of Caring”), day-long event for VNS Hospice and Palliative Care of NYC, 250 staff in attendance, Riverside Church, New York City, NY, 10/4/2012

Plenary address (“The Challenge of Caring: Putting Your Empathy to Work Without Burning Out”), at the 5<sup>th</sup> Annual *Compassion in Action* conference, Santa Clara University and Hospice of the Valley, Santa Clara, CA, 3/30/2012

Specialty Pre-Conference Workshop (“The Helper’s Journey: Counseling for Grief, Loss, and Life-Threatening Illness”), 34<sup>th</sup> Annual Association for Death Education and Counseling Conference, Atlanta, GA, 3/27/2012

Plenary address (“The Art of Empowering Listening”) at *On My Terms: Patient-Centered Care*, the 2012 Caring Coalition Conference, Detroit, MI, 3/20/2012

Keynote Address (“Beyond Compassion Fatigue and Burnout: Strengthening Resilience in the Hospice Team”), New Jersey Hospice and Palliative Care Organization Annual Conference, Eatontown, NJ, 10/10/2011

Lecture (“Working With People Facing Grief, Loss, and Life-Threatening Illness”) in *From Pulpit to Bedside Seminar*, Visiting Nurse Service of New York, 10/28/2011

Seminar and Retreat (“The Hospice Journey and the Challenge of Caring”), day-long event for VNS Hospice and Palliative Care of NYC, 225 staff in attendance, New York City, NY, 10/27/2011

Webinar presentation (“The Challenge of Caring: On Compassion Fatigue, Resilience and Healing”), Association for Death Education and Counseling, 10/19/2011

Concurrent presentations (“The Bright Side of Bereavement Care: Putting Lessons from Research and Practice to Work in Your Program,” and “Beyond Compassion Fatigue and Burnout: Strengthening Resilience in the Hospice Team”) at the National Hospice and Palliative Care Organization 12<sup>th</sup> Clinical Team Conference and Pediatric Intensive, San Diego, CA, 10/6/2011

Expert Panelist, “Beyond Kübler-Ross: New Perspectives on Death, Dying, and Grief,” Hospice Foundation of America Fall, 2011 Educational Program, Washington, DC. DVD of the program distributed to hundreds of organizations worldwide

Symposium Chair (“To Tell or Not to Tell: Self-Concealment, Honesty, and Authenticity in Close Relationships”), with Anita E. Kelly, John Pachankis, Justin J. Lehmiller, and Amy B. Brunell, American Psychological Association Annual Convention, Washington, DC, 8/5/2011

Symposium Chair (“Couples with Multiple Caregiving Responsibilities and the Work-Family Interface”), with Ayala M. Pines, Leslie B. Hammer, and Tamar Icekson, American Psychological Association Annual Convention, Washington, DC, 8/6/2011

Lecture (“Person-Centered Grief Counseling”), Conversation Hour, American Psychological Association Annual Convention, Washington, DC, 8/4/2011

Panel presentation (“A New Look at the Evidence: Grief Counseling is Effective”) with William T. Hoyt and Aaron C. Del Re at the Association for Death Education and Counseling International Conference on Grief and Bereavement in Contemporary Society, Miami, FL, 8/23/2011

Workshop presentation (“Helper Secrets: From the Fallacy of Uniqueness to Solid Support”), at the Association for Death Education and Counseling International Conference on Grief and Bereavement in Contemporary Society, Miami, FL, 8/23/2011

Lecture (“Secrets at the End of Life: On Truth and Transformation in Life’s Final Moments”), at The Florida Hospices and Palliative Care 2011 Forum, *The Heart and Science of Caring*, Orlando, FL, 5/6/2011

Keynote presentation (“The Journey of Compassion”) at The Florida Hospices and Palliative Care 2011 Forum, *The Heart and Science of Caring*, Orlando, FL, 5/6/2011

Symposium Chair, “Self-Concealment in Sexual Minorities:: Health Implications and Evolving Theory” with Margaret Rosario, Eric Schrimshaw, Craig Fuller, and John Pachankis, American Psychological Association Annual Convention, San Diego, CA, 8/14/2010

Symposium Chair (“Global Multicultural Teams: A Psychological, Organizational, and Cultural Perspective”) with Ayala Pines, Nurit Zaidman, Catherine Cramton, and Tine Koehler, American Psychological Association Annual Convention, San Diego, CA, 8/13/2010

Lecture (“Tough Talk: End-of-Life Conversations, Secrets, and Mourning in Families Facing Life-Limiting Illness and Death”) at St. Mary’s Medical Center, Duluth, MN, 10/29/2009

Fellows Presentation (“Living With Dying in America: Psychology’s Evolving Role”) at the 2009 American Psychological Association Convention, Toronto, Canada, 8/7/2009

Psychiatry Grand Rounds (“End-of-Life Conversations: Providing Safe Conduct for Patients and Surviving Family Members”) at Alta Bates Summit Medical Center, Berkeley, CA, 2/2/2009

Keynote Presentation (“A Person-Centered Approach to End-of-Life Care: Learning from our Mistakes”) at the European Association of Client-Centered Psychotherapy and the Person-Centered Approach, *Learning from our errors: Mistakes as teachers*. Naples, Italy, 10/10/2008

Symposium Chair (“A New Look at Grief: Evidence on Process and Treatment Outcome”) at the 2008 American Psychological Association Convention, Boston, MA, 8/16/2008

Keynote presentation (“The Hospice Journey: Personal, Team, and National Challenges”) at the Annual Conference of the Michigan Hospice and Palliative Care Organization, Bay City, MI, 4/30/2008

Concurrent presentations (“Purpose, Passion and Performance in End-of-Life Work: The Inner Journey”, and “What Has Become of Grief Counseling? An Evaluation of the Empirical



Foundations of the New Pessimism”) at the 8<sup>th</sup> Clinical Team Conference of the National Hospice and Palliative Care Organization, New Orleans, LA, 12/1/2007

Keynote presentation (“The Helper’s Journey: Working with People Facing Grief, Loss, and Life-Threatening Illness”) and concurrent presentation (“Grief Counseling Today: Hot Topics and Cool Skills”) at the New Jersey Hospice and Palliative Care Organization annual conference, Learning Experiences in End-of-Life Care, Eatontown, NJ, 11/7/2007

Plenary presentation (“The Helper’s Journey and the Challenge of Caring”) at the Kara conference, *Good Grief: The Helper’s Journey*, Palo Alto, CA, 11/2/2007

Keynote presentation (“The Caregiver’s Journey: Risks, Resilience, and Rewards”) at the Trinity Health Systems *Spirituality and Health Conference*, Rock Island, IL, 10/26/2007

Symposium presentation (“Deterioration effects in grief counseling: What went wrong?”) at the 2007 American Psychological Association Convention, San Francisco, CA, 7/18/2007

Symposium Chair (“Self-Concealment and Secret Keeping: Implications for Counseling and Mental Health”) at the 2007 American Psychological Association Convention, San Francisco, CA, 7/17/2007

Concurrent presentation (“The Bright Side of Grief Counseling: Deconstructing the New Pessimism”) at the National Hospice and Palliative Care Convention, *Caring for Mind, Body, and Spirit*, Albuquerque, New Mexico, 7/30/2007

All-day program (“The Helper’s Journey: Working with People Facing Grief, Loss, and Life-Threatening Illness”) at the 2006 Regina Palliative Bereavement Care Conference, Regina Palliative Care Inc., Regina, Saskatchewan, Canada, 10/23/06

Keynote presentation (“Stress Management in End-of-Life Care: From Burnout to Balance”), 10<sup>th</sup> Annual Geriatric Healthcare, Alzheimer’s and Hospice Joint Conference, North Dakota Hospice Organization, Bismarck, ND, 10/13/06

Keynote presentation (“End-of-Life Conversations and the Challenge of Caring”) at the Annual Fall Conference, Hospice Institute, Cleveland, Ohio, 9/15/06

Grand Rounds (“End-of-Life Conversations: Evolving Theory and Practice”), Continuum Hospice and Palliative Care, New York City, 9/12/06

Concurrent presentation (“Stressed Management: Leadership and Resilience in Turbulent Times”), National Hospice and Palliative Care Organization 21<sup>st</sup> Management and Leadership Conference on Hospice and Palliative Care, New York City, 9/11/06

Plenary presentation (“Transforming the Team: Creating High-Functioning Trans-disciplinary Teams”) and concurrent presentation (“Stressed Management: Leadership and Resilience in Turbulent Times”), Pennsylvania Hospice Network Annual Meeting and Conference, Grantville, PA, 5/8/06

Preconference presentations (“The Who, What, When and Why of Hospice Bereavement Care” with Dr. Patti Homan, and “Creating a High-Functioning Hospice Team”), Clinical Team Conference and Scientific Symposium, National Hospice and Palliative Care Organization, San Diego, 4/25/06

Larson, D. G., & Hoyt, W. T. (“Deterioration effects in grief counseling: In search of the evidence”) in S. Connor (Symposium Chair), Grief counseling: Can it be harmful? Paper presented at the 7<sup>th</sup> annual Clinical Team Conference and Scientific Symposium of the National Hospice and Palliative Care Organization, San Diego, CA, April, 2006

Plenary presentation (“Transforming the Team: Creating High-Functioning Trans-disciplinary Teams”), 2006 Annual Conference, Nebraska Hospice and Palliative Care Association, Lincoln, Nebraska, 4/13/06

Lecture (“End-of-Life Conversations: Issues and Skills for Health Professionals”), University of Texas Health Center and Hospice of East Texas, Tyler, TX, 11/16/2005

Community lecture (“The Caregiver’s Journey”), Joliet Area Community Hospice, Joliet, IL, 11/3/2005

All-day program (“The Helper’s Journey: Working with People Facing Grief, Loss, and Life-Threatening Illness”), Joliet Area Community Hospice, Joliet, IL, 11/4/2005

All-day program (“Exploring the Heart of Grief: Working With People Facing Grief, Loss, and Life-Threatening Illness”), Blue Ridge Hospice, Winchester, VA, 11/7/2005

Concurrent presentations (“Trans-forming the Team: Fostering Transdisciplinary Team Development” and Stressed Management: Leadership and Resilience in Turbulent Times”), 20<sup>th</sup> Management and Leadership Conference, NHPCO, Hollywood, FL, 9/23/2005-9/24/2005

Concurrent presentations (“The Challenge of Caring: On Compassion Fatigue, Resilience and Healing” and “Transdisciplinary Team Building”), 6<sup>th</sup> Clinical Team Conference on Hospice and Palliative Care, National Hospice and Palliative Care Organization, Atlanta, GA. 4/21/2005-4/22/2005

Plenary presentation (“Safe Conduct and the Evolution of Conversations at the End of Life”), Current Perspectives in Oncology Nursing, 5<sup>th</sup> Annual Nursing Conference, H. Lee Moffitt Cancer Center, Tampa, FL, 10/22/2004

Symposium presentation (“Hospice Care and End-of-Life Psychology: An Exciting Synergy”), Hospice and What Psychology Has to Offer, with Stephen Connor and William Haley, American Psychological Association Annual Convention, Honolulu, HI, 7/30/2004

Symposium presentation (“Evolution of Psychological Practice in End-of-Life Care”), Roles for Psychologists in End-of-Life Care and Research, with Julia Kasl-Godley, William Haley, Alexis

Bakos, and Robert Neimeyer, American Psychological Association Annual Convention, Honolulu, HI, 7/29/2004

Plenary presentation (“On Helping Relationships and Healing Words for Bereavement Care”) for preconference Institute and concurrent presentation (“Meeting the Challenges of the Interdisciplinary Team”) at the 5<sup>th</sup> Joint Clinical Conference, National Hospice and Palliative Care Organization, Las Vegas, NV, 3/23/2004-3/25/2004

Presentation (“Safe Conduct for the Dying: The Evolution of Conversations at the End of Life) in all-day preconference session at the 2003 Annual Meeting of the Gerontological Society of America, San Diego, CA. Co-presenters: Robert C. Intrieri, PhD, Western Illinois University; Erlene Rosowsky, PsyD, Harvard University; Robert A. Neimeyer, PhD, University of Memphis; Ladislav Volicer, M.D., Ph.D, Boston University. 11/21/2003

Lecture (“Burnout Prevention for the Health Professional”), University of Palermo, Department of Medicine, Palermo, Italy, 10/14/2003

Keynote presentation (“Empowerment at the End of Life”) for the Sixth National Congress, European Association for Client-Centered Psychotherapy, Naples, Italy, 10/12/2003

All-day training courses (“Counseling for Grief and Loss”) for the Istituto dell’ Approccio Centrato Sulla Persona, in Rome, Messina, and Varese, Italy, 6/1-4, 6/15, 6/16, 6/25, & 6/26, 2003

Presentation (“Working with People Facing Grief, Loss, and Life-Threatening Illness”), Medical and Psychiatry Departments, University of Messina, Messina, Sicily, Italy, 6/17/2003

Presentation (“La Gestione Delle Emozioni con il Malato Terminale”) at a conference sponsored by Lega Italiana per la Lott Contro i Tumori, the Istituto dell’ Approccio Centrato Sulla Persona, and L’Hospice a Reggio Calabria, Reggio, Italy, 6/17/2003

Presentation (“The Advanced Illness Coordinated Care Model”) for Kaiser Permanente Regional Palliative Care Strategy Conference, Oakland, CA, 5/8/2003

Plenary presentation (“On Helping Relationships and Healing Words”) for preconference Institute and concurrent presentation (“The Interdisciplinary Team Challenge”) at the 4<sup>th</sup> Joint Clinical Conference, National Hospice and Palliative Care Organization, Denver, CO, 4/9/2003-4/10/2003

Plenary presentation (“Safe Conduct for the Dying: The Evolution of Conversations at the End of Life”) at the End-of-Life Care 2002 Fall Symposium, Covenant Hospice, Pensacola, FL, 11/15/2002

Opening plenary presentation (“Safe Conduct for the Dying: The Evolution of Hospice and Conversations at the End of Life”) at the 2002 Midwest Regional Conference on End-of-Life Care, Kansas City, MO, 10/7/2002

Keynote presentation (“The Helper’s Journey: Finding the Balance”) at the 2002 Adult Services Annual Conference, Asilomar, CA, 10/30/2002

Pre-conference presentation (“The Hospice Journey: Resilience and Renewal in Times of Change”) at the 3<sup>rd</sup> Joint Clinical Conference and Exposition on Hospice and Palliative Care, American Academy of Hospice and Palliative Medicine, New Orleans, 3/21/2002

Concurrent presentation (with Catherine Smith, Barksdale Ballard) (“Finding Our Way: Living with Dying in America: Using the Series to Promote Hospice and Palliative Care”) at the 16<sup>th</sup> Management and Leadership Conference, National Hospice and Palliative Care Organization, Washington, DC, 12/5/2001

Plenary presentation (“The Evolution of Conversations at the End of Life”) at the Annual Symposium, Carondelet Health Network, Tucson, AZ, 11/9/01

Plenary presentation (“Safe Conduct for the Dying: The Evolution of Conversations at the End of Life”) and a concurrent presentation (“Creating High-Functioning Hospice Teams”) at the Annual Conference of the Hospice Association of Oklahoma, Oklahoma City, OK, 11/6/01

Keynote address (“The Hospice Journey: Resilience and Renewal in Times of Change,”) and “Out of the Box: Innovative Solutions for End-of-Life Care”) (with Christy Whitney and Becky McDonald) at the Annual Conference of the Colorado Hospice Organization, Denver, CO, 10/20/01-10/21/01

Plenary presentation (“End-of-Life Conversations: Evolving Theory and Practice”) at the 16<sup>th</sup> Annual Conference, *Connections to the Heart: Loss and Recovery*, for Kara, Palo Alto, California, 5/18/01

Keynote address (“The Caregiver’s Journey”) at the 2<sup>nd</sup> Annual Community Caregiver Conference, U. C. Davis Center for Health Aging, Sacramento, California, 5/12/01

Plenary presentation (“The Helper’s Journey: Resilience and Renewal in Times of Change”) at the 21<sup>st</sup> Annual Interdisciplinary Seminar and Meeting of the Hospice and Palliative Care Association of New York State, Saratoga Springs, New York, 4/27/01

Preconference Institute (“Out of the Box: Innovative Solutions for End-of-Life Care”) (with Daniel Tobin, Becky McDonald, & Christy Whitney) at the 2<sup>nd</sup> Joint Clinical Conference and Exposition on Hospice and Palliative Care for the American Association of Hospice and Palliative Medicine, the Hospice and Palliative Nurses Association, and the National Hospice and Palliative Care Organization, Orlando, Florida, 3/23/01.

Keynote address (“The Helper's Journey: Resilience and Renewal in Times of Change”) at the Annual Meetings of the Wyoming Hospice Organization, Rock Springs, Wyoming, 9/9/00.

Two-day training program (“The Helper's Journey: Working With People Facing Grief, Loss, and Life-Threatening Illness”) for the Catholic Charities Diocese of Toledo, Toledo, Ohio, 5/12/00-5/13/00.

Concurrent sessions (“Safe Conduct for the Dying: The Evolution of Conversations at the End of Life”), and “The Resilient Caregiver”) at the First Annual Joint Clinical Conference on Hospice and Palliative Care, The National Hospice and Palliative Care Organization, Nashville, Tennessee, 2/20/00

Keynote address (“The Helper's Journey: Finding the Balance”) at the 6<sup>th</sup> Annual Psychosocial Oncology Conference, The University of Iowa Cancer Center, Iowa City, Iowa, 10/29/99.

Keynote lecture (“Great Ideas in Hospice Care”), The Oregon Hospice Association, Wilsonville, Oregon, 10/1/99

Master session (with Daniel Tobin, M.D.) (“The Evolution of End-of-Life Conversations”) and (“Revitalizing Hospice Volunteerism: A Mandate for the New Millennium”), at the Annual Symposium and Exhibition of the National Hospice Organization, Long Beach, California, 10/20/99-10/22/99

Paper presentation (with Daniel Tobin, M.D.) (“Innovations in End of Life Care”) at the Meeting of the International Work Group on Death, Dying, and Bereavement, Boulder, Colorado, 9/28/99

Concurrent session (with Daniel Tobin, M.D.) (“The FairCare Model for End-of-Life Conversations”) at *The Fourteenth Senior Management and Leadership Conference*, The National Hospice Organization, Arlington, Virginia, 5/16/99

Keynote address (“The Helper's Journey: Finding the Balance”) and concurrent session (“Helper Secrets”) at *Palliation 2000: Charting the Course of Hospice Care*, The Pennsylvania Hospice Network, Erie, Pennsylvania, 4/26/99. Other two keynote speakers were Cicely Saunders, M.D. and Ira Byock, M.D. 400 in attendance

Keynote address (“The Helper's Journey: Finding the Balance”) at *Framing Our Successes*, The Florida Association of Child Life Professionals, Orlando, Florida, 1/16/99

Plenary presentations (“Emotional Involvement in Caregiving: Finding the Balance,”) and A Caring for the Dying and Bereaved: Healing Words and Helping Relationships”) at *Death and Dying: Strengthening Relationships with Patients and Families*, The Visiting Nurse Association of Southeast Michigan, Detroit, Michigan, 10/22/98

Plenary presentations (“The Healer’s Journey: The Personal Challenge,” and “The Healer’s Journey: The Interpersonal Challenge”) at *Cancer Rehabilitation: Improving Quality of Life Through Cancer Rehabilitation*, Legacy Health System, Portland, Oregon, 10/16/98

Presentation (with Marcia Lattanzi-Licht) (“Standards of Excellence for the Hospice Team”) at the 20<sup>th</sup> Annual Symposium and Exhibition of the National Hospice Organization, Dallas, Texas, 10/15/98

Symposium presentation (“Burnout and Self-Concealment Processes”) in a symposium (“Teacher Burnout: New Perspectives, New Problems”) (with Barry Farber, Teachers College,

Columbia University, Ayala Pines, University of Tel Aviv) at the Annual Meeting of the American Psychological Association, San Francisco, 8/18/98

Keynote address (“The Helper’s Journey: Finding the Balance”) at *Focus 98 National Pediatric Conference*, Children’s Hospital of Wisconsin, Milwaukee, Wisconsin, 6/25/98

Lecture (“Great Ideas for Fatigue Management”) at the Oncology Nursing Society’s (ONS) Annual Congress, San Francisco, 5/8/98

Keynote address (“The Hospice Journey: Resilience and Renewal in Times of Change”) at the *1998 Annual Conference of the Virginia Association for Hospices*, Charlottesville, Virginia, 4/19/98

Keynote and concurrent presentations (“The Helper’s Journey: Toward Resilience and Renewal in Times of Change,” and “Creating High-Functioning Caregiving Teams”) at the *Long-Term Care Symposium*, Deaconess Hospital, Cincinnati, Ohio, 3/27/98

Keynote and concurrent presentations (“The Helper’s Journey: Finding the Balance,” “Healing Words: Talk Tools for Helping,” “The Healthcare Team and the Leadership Challenge,” and “The Helper in Us All: Caring for the Collective Caregiver,”) at the *Tenth Annual Care for the Dying and Their Families Program*, Hospice of Louisville, Louisville, Kentucky, 3/25/98

Preconference (“Healing Words and Helping Relationships: Teaching Communication Skills in Hospice”) and concurrent (“Great Ideas in Hospice: Sharing the Secrets of Success”) presentations at the *19<sup>th</sup> Annual Symposium and Exposition of the National Hospice Organization*, Atlanta, Georgia, 10/16/97

Keynote (“The Helper’s Journey”) and concurrent (“The Management and Leadership Journey”) presentations at the Oklahoma State Hospice Association 11<sup>th</sup> Annual Conference, Tulsa, Oklahoma, 9/26/97. I was honored that the conference was titled *The Helper’s Journey...Committed Until the Final Moment*, after my book *The Helper’s Journey*

Pre-conference workshop (“The Helper’s Journey: Working with People Facing Grief, Loss, and Life-threatening Illness”) at the *King’s College 15<sup>th</sup> International Conference on Death and Bereavement*, King’s College, London, Ontario, Canada, 5/11/97

Keynote address (“Finding the Balance: Strategies for Self-Renewal and Stress Management”) at *The Healer’s Journey: 2<sup>nd</sup> Annual Hospice Conference*, at the Texas Children’s Hospital, Houston, Texas, 5/2/97

Plenary presentation (“Great Ideas in Hospice: Sharing the Secrets of Success”) at the California State Hospice Association Annual Conference, Universal City, California, 3/12/97

Two presentations, (“We’re All In This Together: Organizational Problem Solving and Consensus Building in Hospice”) (with Marcia Lattanzi-Licht); (“Great Ideas in Hospice: Sharing the Secrets of Success,”) at the National Hospice Organization’s 18th Annual

Symposium, Chicago, Illinois, 11/6/96-11/9/96. 320 hospice professionals attended my sessions.

All-day conference, sole presenter (“The Challenge of Caring: Personal and Team Issues”) for the Michigan Hospice Organization, Lansing, Michigan, 9/16/96

Keynote address (“The Helper’s Journey: Finding the Balance”) at *Oncology Nursing 2000: The Future is Now*, The University of Texas M. D. Anderson Cancer Center, Houston, Texas, 9/20/96. 200 oncology nurses attended

Plenary (“Great Ideas in Hospice Volunteer Programs: Sharing the Secrets of Success”) at *The Third National Conference on Hospice Volunteerism*, the National Hospice Organization, Nashville, Tennessee, 8/19/96

Plenary (“The Helper’s Journey”) at *The 1996 World Gathering on Bereavement*, Seattle, Washington, 8/15/96. 500 bereavement workers attended

Preconference all-day program (“The Helper’s Journey”) at *Hope in the Heartland: Hurting and Healing*, the 1996 National Conference of the National Catholic Ministry to the Bereaved, Wheaton College, Wheaton, Illinois, 7/11/96

Plenary address (“The Healer’s Journey”) at *Sustaining the Physician-Patient Relationship: The Challenge of Cancer*, Mayo Clinic, Rochester, MN, 6/14/96

Concurrent (“Alone at the Top: Stress Management for Hospice Leaders”) at the National Hospice Organization’s 11th Management and Leadership Conference, San Francisco, 5/7/96

Plenary (“The Helper’s Journey”) at *A Renaissance of Creative Vision: Leadership in Home Care and Hospice*, Oregon Association for Home Care Annual Conference, Sunriver, Oregon, 4/12/96

Keynote address (“The Helper’s Journey”) at *The Quiet Crisis of Dying*, the annual meeting of the Washington State Hospice Organization, Issaquah, Washington, 3/22/96

All-day conference, sole presenter (“The Helper’s Journey: Finding the Balance”) at The West Michigan Association of Nurses in AIDS Care, Grand Rapids, Michigan, 12/8/95

Three presentations (“Time for the Team,”) with Marcia Lattanzi-Licht), (“Great Ideas in Hospice: Sharing the Secrets of Success,”) and (“The Helper’s Journey: Working with People Facing Grief, Loss, and Life-Threatening Illness,”) at the National Hospice Organization’s 17th Annual Symposium, Phoenix, Arizona, 11/5/95-11/7/95. 300 hospice workers attended these sessions

Concurrent presentations (“The Helper’s Journey: Skills for Caregiving in Grief and Loss,”) and (“Creating High-Functioning Hospice Teams”) at The National Hospice Organization’s First National Conference Series on Spiritual/Bereavement/Psychosocial Aspects of Hospice Care, San Francisco, 8/17/95-8/23/95

Keynote address (“The Helper’s Journey: Working with People Facing Grief, Loss, and Life-Threatening Illness,”) at *The Art and Technique of Healing*, the 1995 National Conference of the National Catholic Ministry to the Bereaved, Billings, Montana, 7/22/95

Keynote address (“The Challenge of Caring in Oncology Nursing”) and plenary presentation (“The Helper’s Journey”) at *Oncology Nursing: The Challenge of Caring*, Mayo Clinic, Rochester, Minnesota, 7/27/95. 300 nurses attended

Keynote address ("The Helper's Journey") at the Eleventh Annual Conference, Illinois State Hospice Organization, *The Value of Hospice in a Changing Health Care Environment*, Rolling Meadows, Illinois, 4/8/95

All-day conference, sole presenter (“The Helper's Journey: Finding the Balance”) conducted as an Expert in Residence, W. K. Kellogg Foundation, Battle Creek, Michigan, 3/12/95-3/13/95

Keynote address ("The Helper' Journey") at "The Helper's Journey: Perspectives in Palliative Care," Hospice of Hillsborough, Tampa, Florida, 11/1/94 Conference titled after my book.

Pre-conference presentation ("The Helper's Journey: Working With People Facing Grief, Loss, and Life-Threatening Illness") and a concurrent session ("Stress Management") at the *1994 Annual Meeting and Symposium of the National Hospice Organization*, Washington, D. C. 10/18/94-10/22/94

Keynote address ("The Helper' Journey") at the *First Annual Psychosocial Oncology Conference*, The University of Iowa Hospitals and Clinics, Iowa City, Iowa, 10/7/94

All-day program ("The Helper's Journey: Working With People Facing Grief, Loss, and Life-Threatening Illness") for Decker School of Nursing, Binghamton University, and the Hospice at Lourdes Hospital, Binghamton, NY, 6/14/94. 180 people caregivers attended. Also did an evening lecture for the public: "Care for the Caregiver: Coping With Being a Caregiver for Someone You Love."

Plenary (“The Helper's Journey: Working With People Facing Grief, Loss, and Life-Threatening Illness") at *Challenges of the Future: Caring for the Dying*, the Tenth Annual Conference for Kara, Palo Alto, CA, 5/20/94

Keynote address (“The Helper's Journey: Finding the Balance”) at *Heart of the Journey*, the Virginia Association for Hospices Annual Conference, Roanoke, Virginia, 5/12/94

Plenary all-day presentation ("The Helper's Journey: Finding the Balance") at *The Circle of Life: A Caregiver's Conference*, sponsored by The Central Oregon Hospice Coalition and the Oregon Hospice Association, Warm Springs, OR, 4/12/94. 200 caregivers in attendance

Presentations ("The Helper's Journey and the Hospice Team," "The Hospice Team and the Leadership Journey," and "The Helper in Us All: Hospice Volunteerism and the Helper's



Journey") for the clinical, management, and volunteer teams , respectively, (740 total in attendance) of Hospice of the Florida Suncoast, Largo, FL, 2/25/94-2/26/94

One-day seminar ( "The Helper's Journey") for the Community Hospital of the Monterey Peninsula, Monterey, CA, 2/9/94

Public address ("Keeping Secrets: What You Don't Say Can Hurt You--Keeping Secrets and Your Health") for the Women's Information Network, Sacred Heart Health System, Eugene, OR, 11/1/93. 500 people from the community attended

One-day seminar ("The Challenge of Caring: Finding the Balance") sponsored by the Nursing Service of the Department of Veteran Affairs Medical Center, Portland, OR, 11/1/93

Preconference presentation ("The Helper's Journey") and a concurrent session ("Volunteer Communication Issues") at the 1993 Annual Meeting and Symposium of the National Hospice Organization, Salt Lake City, Utah, 10/14/93-10/16/93

Presentation ("Service, Quality, and the Interdisciplinary Team") Kaiser Permanente Medical Center, Office of Organizational Development, Hayward, CA, 10/1/93 200 Kaiser staff attended.

Keynote address ("The Helper's Journey: Finding the Balance") plus pre-conference seminar ("Focus on the Team: Creating a Healthy Caring System") and concurrent session presentation ("Healing Words: Talk Tools for Helpers") at the 17th Annual Conference of Hospice for the Carolinas, *Hospice: The Business of Compassion*, Charlotte, NC, 9/27/93-9/29/93

Keynote address ("The Helper's Journey") also concurrent session presentations ("The Caregiving Team: Creating a Healthy Caring System, and "Healing Words: Talk Tools for Helpers") and a pre-conference seminar ("A Feel Good-Do Good and Do Good-Feel Good Theory of Hospice Volunteerism") at the Missouri Hospice Organization's Midwest Regional Conference, Lake of the Ozarks, Missouri, 9/12/93-9/14/93

Plenary presentation ("The Helper in Us All: Hospice Volunteerism and the Helper's Journey") at The National Hospice Organization's Second National Conference on Hospice Volunteerism, Boston, 8/14/93

Presentations ("The Helper's Journey: Finding the Balance," and "Strengthening the Caregiver Team") at the *Oncology Symposium*, Manchester Memorial Hospital, Manchester, CT, 6/17/93

Presentation ("The Challenge of Caring in Oncology Practice") at Valleycare Health System's Breast Cancer Symposium, San Ramon, CA, 6/3/93

Presentations ("The Challenge of Caring for the Cancer Patient in Pain," and "Psychosocial Factors in Pain Management") at the Carolinas Medical Center Spring Symposium: Charlotte, NC, 5/13/93-5/14/93

Keynote address ("The Helper's Journey: Meeting the Challenge of Caring") and breakout sessions, *The Ninth Annual Symposium* of the Florida Hospices, Inc., Orlando, Florida, 4/22/93-4/23/93. 850 hospice workers attended

Plenary presentation ("The Helper's Journey: Finding the Balance") at *Hospice Care in 1993*, Cosponsored by Hospice of Southeastern Michigan, American Cancer Society, and Providence Hospital and Medical Centers, Southfield, MI, 4/3/93

Keynote address ("The Challenge of Caring in Oncology") at *Supportive Care '93*, Harrington Cancer Center, Amarillo, TX, 4/2/93

One-day seminar ("The Helper's Journey: Finding the Balance") at Metro Minnesota Chapter, Oncology Nursing Society and the American Cancer Society, Bloomington, MN, 3/2/93

Presentations ("The Helper's Journey," "The Challenge of Caring," and "Focus on the Hospice Team") for volunteers, staff, and board of directors of Hospice of East Texas: Tyler, TX, 2/16/93

Preconference ("Time for the Team"), presentation with M. Lattanzi-Licht) at the *1992 Annual Meeting and Symposium* of the National Hospice Organization,): *Time for the Team*, Nashville, TN, 11/29/92

Seminar ("The Helper's Journey: Finding the Balance") at Good Samaritan Hospital and the Tri-State Chapter of the Oncology Nurses Society, Cincinnati, Ohio, 10/8/92, 10/9/92

Keynote and breakout sessions ("The Challenge of Caring," "Helper Secrets") and a panel ("Ethical Perspectives in Oncology") with Betty Ferrell and William Englis at the *1992 Oncology Nursing Symposium*, Riverside Regional Cancer Institute, Columbus, Ohio, 10/7/92

Keynote presentation ("The Hospice Team") at the *1992 Annual Meeting* of the Ohio Hospice Organization, Columbus, Ohio, 10/5/92-10/6/92

Symposium plenary presentation ("Stress in Caregiving") at The International Hospice Institute's Eighth Annual Symposium: Management of Terminal Illness, Missoula, Montana, 7/17/92

Symposium plenary paper presentation ("Psychoeducation and the Future of Clinical Psychology") at *Clinical Psychology: Science and Practice*, an international symposium at the University of Rome, Rome, 5/29/92-5/30/92

Keynote address ("The Challenge of Caring in Oncology Nursing") at the Oncology Nursing Society Congress, San Diego, CA, 5/13/92. 5000 oncology nurses in attendance

Keynote address ("The Challenge of Caring") at Texas Hospice Organization Annual Meeting, Austin, Texas, 5/1/92-5/2/92

Keynote address, The First Ellen Pennington Memorial Lecture, Hospice West, Inc, and the Sudbury Pines Extended Care Facility, Boston, 4/3/92

Keynote address, Tennessee Hospice Organization Annual Meeting, Nashville, TN, 3/19/92

Workshop presentation, LaGrange and Edwards Hospitals, Chicago, ILL, 2/22/92-2/22-92

Facilitator, retreat, Hospice of Fresno, Fresno, CA, 11/22/91-11/23/91

Pre-conference presentation (“Time for the Team”) with M. Lattanzi-Licht) at the *1991 Annual Meeting and Symposium* of the National Hospice Organization, Seattle, WA, 11/17/91

Presentation (“Taking Time: Caring for Loved Ones Who Have Cancer”) for the Northern California Cancer Center, San Francisco, 11/9/91

Keynote address and two workshops at *Volunteers: The Heart of Hospice*, Organized by Northern California Hospice Volunteer Coordinator Committee, Redwood City, 10/26/91 (Conference, the first of its kind, was attended by 450 people. Barbara Bush sent videotaped message)

Keynote address (only speaker), one-day conference (“The Challenge of Caring: Psychological and Spiritual Foundations of Patient Care and Helper Self-Care”) for The Spiritual Health Care Forum of Greater Dayton, Dayton, Ohio, 10/25/91 (150 in attendance).

Keynote address (only speaker) (“The Challenge of Caring”) for the Arizona State Hospice Association, Phoenix, AZ, 10/11/91 (100 in attendance)

Facilitator, retreat, North Hospice, Robbinsdale, MN, 9/27/91-9/28/91

Facilitator, retreat, VNA and Hospice of San Francisco, 9/13/91

Keynote address (“The Challenge of Caring”), Scripps Clinic and Research Foundation: The Dimensions of Caring: A Symposium on Palliative Care of the Cancer Patient, LaJolla, CA, 3/1/91 (450 in attendance)

Facilitator, retreat for Hospice of Hilo, North Hawaii Hospice, Hospice of Kona, Kona Adult Day Center, and the Big Island AIDS Project, 1/4/91-1/5/91, Hilo, HI

Seminar, Apple Computer Company, Cupertino, CA, Stress Seminar, 12/90

Seminar (pre-conference session (with M. Lattanzi-Licht) (“Time for the Team”) and concurrent presentation (“The Challenge of Caring”), 1990 Annual Meeting and Symposium of the National Hospice Organization. Detroit, MI, 11/90

Keynote address (“Helping as a Natural Process”) at the 6th Alabama Hospice Association State Meeting, Tuscaloosa, AL, 10/19/90

Keynote address (“Coming Together: The Circle of Care”) at the Iowa Hospice Organization Annual Conference, Des Moines, Iowa, 10/1/90

Chairperson, "The First National Conference on Hospice Volunteerism: Leadership and Volunteer Management in the 1990's," Plenary presentation ("Hospice Volunteerism and the Challenge of Caring") and a workshop presentation ("Teaching Communication Skills in Hospice: A Workshop for Trainers"), San Diego, CA, 8/16/90-8/18/90 (President George Bush sent videotaped message reading a slightly edited version of a speech I wrote for him in collaboration with the White House staff)

Faculty Member, 14th Annual Living Now Institute, Center for Studies of the Person, LaJolla, CA, *The Challenge of Caring and Diversity*, San Diego, 7/20/90

Keynote address, Hospice of Lancaster 10th Anniversary Celebration, Lancaster, Pennsylvania, 5/15/90

Visiting Nurse Association of Los Angeles, seminar for staff working with AIDS patients, 5/7/90

Keynote address, Arkansas State Hospice Association Annual Meeting, Hot Springs, Arkansas, 4/23/90

Keynote address, Michigan Hospice Organization Annual Meeting, Grand Rapids, Michigan, 4/19/90-4/20/90

Keynote address, San Diego Hospice Palliative Care Conference, San Diego, CA, 4/3/90

Keynote address, Washington State Hospice Association Annual Meeting, Seattle Washington, 3/30/90

Messina, Sicily, Italy, five-day seminar on health psychology topics for Sicilian psychiatrists and psychologists, sponsored by the University of Messina and the Institute for Studies of the Person in Rome, 3/17/90-3/21/90

One-day seminar ("Hospice for Hospice: The Helper's Journey") for the Hospice of Napa Valley, 11/10/89

1989 Annual Meeting and Symposium of the National Hospice Organization, "The Next Decade of Caring," four presentations: 1) "The Challenge of Caring: Skills for Patient Care and Staff Self-Care"; 2) "Teaching Communication Skills in Hospice: A Workshop for Trainers"; 3) (with Joan Gay, MSW) "Ethical Issues and the Hospice Team"; 4) (with Dr. Ira Bates) "The 1990 National Conference on Hospice Volunteers: A Focus Group") 11/7/89

Keynote address ("Dangers and Opportunities in Work With Grief: The Helper's Perspective"), at KARA's Sixth Annual Conference, Palo Alto, CA, 10/27/89

Keynote address ("Coming Together: The Inner Circle of the Hospice Team") at the Ohio Hospice Organization Annual Meeting, Columbus, Ohio, 10/10/89

Facilitator, retreat, Hospice of the Western Reserve, two-day retreat for hospice staff, Mentor Ohio, 9/22/89 (repeated in 1990)

Lecture ("Helper Secrets: From the Fallacy of Uniqueness to Solid Support") at Trinity Hospice, London, England, 8/2/89

Seminar on health psychology, sponsored by Istituto dell' Approccio Centrato Sulla Persona, Rome, Italy, and Tempo Economico, attended by Italian psychologists and business executives, Sorrento, Italy, 6/19/89-6/23/89

Hospiz Stuttgart, Stuttgart, West Germany, lecture to staff and volunteers, 5/22/89

Lecture ("The Challenge of Caring") at Princess Alice Hospice, London, England, 5/5/89

A lecture in the Colin Murray-Parkes lecture series at St. Christopher's Hospice, London, for hospice staff from St. Christopher's and for hospice workers from other countries visiting St. Christopher's. Eighty people attended, 5/4/89

Lecture ("Psychology and Health Promotion") for APPORT (Portuguese Psychological Association), Porto, Portugal, Seventy-five Portuguese psychologists attended this lecture at the first national Portuguese health psychology conference. 4/12/89

Lecture ("Self-concealment: Conceptualization, Measurement, and Health Implications") at the Psychology Department, University of Porto, Porto, Portugal, 4/10/89

"Psychology in Health Services," (Seminario A Psicologia Nos Servicos De Saude), Lisbon, Portugal, the first national conference on health psychology to be held in Portugal. Lectured on "Recent Developments in Health Psychology." Two hundred psychologists and health care professionals attended this event, 4/8/89

1988 Annual Meeting and Symposium of the National Hospice Organization, preconference seminar on (with Marcia Lattanzi) "Time for the Team: Effective Strategies for Managing Conflict and Enhancing Team Support;" conference presentations "Challenge of Caring: Skills for Patient Care and Staff Self-Care"; and "Ethical Issues and the Hospice Team," Orlando, FL, 11/17/88-11/20/88

Lecture, Kaiser Permanente Hospice and Oregon State Hospice Association, for hospice workers from throughout Oregon and an in-service for the Kaiser hospice staff, Portland, OR, 11/3/88-11/4/88

Facilitated retreat for Kentucky Hospice Association and Tennessee Hospice Association at Lake Barkley State Resort Park, Kentucky, 10/6/88-10/7/88

Invited Address, Clemson University College of Nursing and National Hospice Organization First Regional Conference in South Carolina on *The need for hospice care in a rural community*, Clemson, SC, 9/11/88-9/12/88

Lectures, Sacramento Hospice Consortium, for 200 hospice workers from the Sacramento area, 8/24/88

Paper presentation ("Counseling Psychology and the Health Arena: Areas of Application and Strategies for Curriculum Development") in a symposium at the Annual Meeting of the American Psychological Association, Atlanta, GA, 8/14/88

One-day seminar ("The Challenge of Caring"), Hospice of Hawaii, Honolulu, Hawaii, and retreat for Hospice of Hawaii staff, 7/9/88

Paper presentation ("Self-Concealment: Conceptualization, Measurement, and Health Implications"), *First Invitational Conference on Self-Control of Thought and Emotion*, Nags Head Conference Center, Kill Devil Hills, North Carolina, 5/17/88

Plenaries ("The Challenge of Caring: Invisible Stressors in Hospice Work and Their Antidotes," and "Alleviating Stressors in the Hospice Team") at the Georgia State Hospice Association Annual Meeting, Athens, GA, 4/8/88, 4/9/88

Invited lecture ("The Challenge of Caring in Oncology Work") at the Stanford University, Radiation Therapy and Oncology Departments, Stanford, CA, 4/5/88

Paper ("Self-Concealment: Empirical and Theoretical Perspectives") in a poster session at the 1988 Meeting of the Western Psychological Association, Burlingame, CA, 4/14/88

Plenary ("Staff Support and the Challenge of Caring") at *Hospice Symposium, Celebrating a Decade of Skill, Compassion, and Caring at Kaiser Permanente*, Oakland, CA (300 participants), 3/12/88

Concurrent ("Self-Appraisal and Self-Renewal in the Hospice Team") and "Ethical Issues as Team Building Strategies;" and pre-conference ("Challenge of Caring: Skills for Patient Care and Staff Self-Care" and "Time for the Team: Effective Strategies for Managing Conflict and Enhancing Team Support") presentations at the *1987 Annual Meeting and Symposium of the National Hospice Organization and Children's Hospice International*, 11/87

Keynote address, Hospice of North Carolina Annual Conference, *Growing Pains: Stretching Up and Reaching Out*, Hendersonville, NC, attended by 400 hospice workers from North Carolina, 10/1/87

Panel (with Lyle Schmidt, Michael Duffy, Nancy Schlossberg, Royda Crose, and John Barry): "Counseling Psychology and Aging: A Specialty with a Future," American Psychological Association Annual Meeting, New York City, New York, 8/28/87

Lecture ("The Challenge of Caring: Advanced Skills for Patient Care and Staff Self-Care") at the University of Hawaii, Hilo, HI, 7/31/87

Panel (with Robert Christenson, Marcia Lattanzi, and Beau Rezendes): "Reporting Back: Perspectives on the Internal Environment," at the *Second Annual National Hospice Organization National Conference on Interdisciplinary Team Development*. Also led roundtable discussions on "Helper Secrets for Managerial Team Members," St. Paul, MN, 6/24/87-6/26/87

Presentation ("The Challenge of Caring") for Joliet Community Hospice--a benefit for the hospice in my hometown, Joliet, Illinois, 5/16/87

Lecture ("What You Don't Say Can Hurt You: Self-Concealment and Health") in Santa Clara University Health Psychology Evening Lecture Series: 5/7/87

Keynote address ("The Challenge of Caring") for the Missouri State Hospice Organization, St. Louis, 4/30/87

Paper presentation, "Motivated Nondisclosure: Assessment and Relationship to Health Status," Western Psychological Association, Long Beach, CA, 4/26/87

Research presentation: "What You Don't Say Can Hurt You: Self-Concealment and Health," Colloquium, Personality Area, Stanford University Psychology Department, 4/14/87

Invited address ("The Challenge of Caring") for the Greater St. Louis Hospice Organization, *The Third Annual Hospice Volunteer Symposium*, St. Luke's Hospital, St. Louis, 4/29/87

Keynote address ("Helper Strategies for Those Who Minister to the Dying") for Hospice of the Monterey Peninsula and Ministerial Association of Monterey Peninsula, *Practical Approaches to Caring for the Terminally Ill*, Monterey, CA 2/3/87

Lecture ("Staff Stressors in Radiation Therapy and Oncology Work"), Stanford University, Radiation Therapy and Oncology Departments, 1/12/87

Pre-conference ("The Challenge of Caring: Skills for Patient Care and Staff Self-Care" ) at the National Hospice Organization Annual Conference, Denver, CO, 11/14/86-11/17/86

Panel (with Dr. Carole Petiet): "The 1986 American Women's Expedition to China: Communication and power styles." American Psychological Association Annual Meeting, Washington, D.C.: Roundtable Program III: Issues in the Psychology of Women, 8/26/86

Plenary lecture at *Innovations in Hospice Care*, National Conference, Clearwater Beach, FL, 8/11/86-8/14/86

Plenary ("A Window into Ourselves: Looking at Helpers' Secrets") at the Third Western Hospice Nursing Conference, *Evolution of a Hospice Nurse*, San Diego, 6/29/86

Lecture ("The Challenge of Caring: Skills for Patient Care and Staff Self-Care") at the Second Annual American Conference on Hospice Care: Ethics and Professionalism in the Future of Hospice," San Francisco, 6/14/86-6/17/86

Panel (with Shirley Smoyak, Robert Gray, and Mary Vachon): "Perspectives on the Internal Environment," National Hospice Organization National Conference on Interdisciplinary Team Development. Also led roundtable discussions on "Self-Appraisal and Self-Renewal in the Hospice Team," St. Paul, MN, 6/4/86-6/6/86

Lecture, at the University of Hawaii, Hilo, cosponsored by Hospice of Hilo and the American Cancer Society, 3/20/86

Paper presentation ("Helper Secrets: Invisible Stressors in Hospice Work") at the annual meeting of the California State Psychological Association, San Francisco, 2/86

Preconference ("The Challenge of Caring") at the National Hospice Organization Annual Meeting, Washington, D. C., 11/10/85

Plenary ("The Challenge of Caring for the Terminally Ill") at a conference sponsored by the Veterans Administration Interwest Regional Medical Education Center, Veterans Administration, Livermore, CA, 10/30/85

Lecture at *The Passage From Living to Dying*, a benefit conference for KARA, 10/17/85

Chairperson and core faculty member, "Challenge of Caring: Support, Burnout, and Bereavement in Hospice and Oncology," Santa Clara University, 5/11/85

Lecture ("Helper Issues in Working with the Elderly Cancer Patient") for the American Cancer Society conference *Potpourri on Cancer X: Working with the Aging Cancer Patient*, Pleasant Hill, CA, 4/27/85

Plenary ("The Challenge of Caring: How to Use Your Empathy Without Burning Out") at the Third Annual Maternal Child Care Conference, San Francisco, 3/15/85

Paper ("Pilot Test of an Audiotape Support Group Training Program for Hospice and Oncology Workers") at the California State Psychological Association, San Francisco, 2/9/85

Panel (with J. Cooper & C. Hanson): "Health Psychology: An Idea Whose Time Has Come"--at Western Association of Counselor Educators and Supervisors Annual Meeting, Monterey, 11/84

Paper ("Giving Psychology Away") at Annual Meeting of the Western Association for Counselor Education and Supervision, Seattle, WA, 11/21/82

Chairperson and core faculty, *The Human Dimension in Health Care: A Tribute to Carl Rogers*, national conference, U. C. Santa Cruz Extension, Palo Alto, CA, 2/21/81-2/23/81

## **MEDIA PRESENTATIONS**

[Empathy and Compassion in the Time of COVID-19 | The Nurse Keith Show](#)

[WEBINAR - Demystifying Adolescent Mental Health](#)

[TAPS Institute for Hope and Healing TALKS: Strategies for Coping When You are Feeling Isolated, March 27, 2020](#)



[TAPS Institute for Hope and Healing, \*Helping Grievers Cope with Guilt, Anger, and Other Difficult Emotions\*, May 7, 2020](#)

[Helping SCU Students Cope During COVID-19 By Tracy Seipel A campus expert offers insights into emotional wellness, resilience.](#)

[Coronavirus grief is like no other. 'Everything just feels fake' Bettina Boxall, May 17, 2020, \*Los Angeles Times\*](#)

[Coronavirus grief: Overwhelming but 'it doesn't feel real' By BETTINA BOXALL \*Los Angeles Times\* May 30, 20](#)

[Bereavement Struggles During COVID-19 Open to Hope, May 22, 2020.](#)

[Global Palliative Care Series Webinar: \*Suffering Alone and Grief and Bereavement\* \(Discussant\)](#)

[Self-Care for Caregivers during the Covid-19 Pandemic Briefing Note](#)

[Grief and Bereavement for Family Members who Can't Visit their Sick Relatives or Attend Funeral Services Briefing Note](#)

18-March-2016: *Miami Herald Tribune*, "Here's what it takes to be a hospice volunteer," by Barbara Peters Smith

17 –Dec-2013: NBC Bay Area News, interview with Brent Cannon concerning the Newtown shootings.

12-Feb-13: Nursing Careers Allied Health, end-of-life conversations:  
<http://www.ncah.com.au/news-events/counselling-psychologist-wants-health-professionals-to-break-the-silence/1677/>

20-Feb-13: Radio National's *Life Matters* program (broadcast nationally), end-of-life conversations: <http://www.abc.net.au/radionational/programs/lifematters/most-difficult-conversation/4528126>

21-Feb-13: ABC radio - Melbourne Breakfast, end-of-life conversations. ·

22-Feb-13: Australian Associated Press (national newswire service) interview on proposed changes to DSM5; subsequent posting of article. ·

22-Feb-13: ABC radio - South East South Australia, end-of-life conversations. ·

22-Feb-13: 4BC radio - Brisbane (Queensland), end-of-life conversations. ·

21-Feb-13: News.com - leading online news publication, end-of-life conversations:  
<http://www.news.com.au/breaking-news/national/terminally-ill-urged-to-discuss-options/story-e6frfku9-1226582523777>

21-Feb-13: The Australian newspaper (print and online), end-of-life conversations:  
<http://m.theaustralian.com.au/news/breaking-news/terminally-ill-urged-to-discuss-options/story-fn3dxiwe-1226582523777>

22-Feb-13: The Wire radio, community radio with national distribution:  
<http://www.thewire.org.au/storyDetail.aspx?ID=10060#2>

22-Feb-13: The Australian newspaper, DSM-5 controversy:  
<http://www.theaustralian.com.au/news/breaking-news/psychiatrists-brand-grief-a-mental-illness/story-fn3dxiwe-1226583347935>

Syndicated to 16 online newspapers - see attached spreadsheet .

22-Feb-13: Sydney Morning Herald, DSM-5 controversy:  
<http://www.smh.com.au/national/health/depressed-after-two-weeks-fears-drug-companies-will-target-the-grieving-20130222-2evl6.html>

Syndicated to 4 online newspapers – see attached spreadsheet .

25-Feb-13: 3AW radio Afternoons (Victoria), DSM-5 controversy & grief .

08-Mar-13: Medical Observer (medical publication) interview on end-of-life conversations and DSM-5 controversy.

19-Mar-13: Interview, Good Health, an Australian health magazine, on end-of-life conversations, Sarah Morinos interviewer/author. Article appears: \_\_\_\_\_

25-Mar-13: Radio New Zealand, interview with Glenda Wakeham on end-of-life conversations.

25-Mar-13: Radio interview, Voice America, the Open to Hope Program, broadcast on October 25.

NBC Bay Area News Television, Interview by Brent Cannon, 7pm, 12/14/12

Washingtonpost.com, *The Checkup*, interview by Jennifer Huget, for article, “How can I handle my grief during the holidays?”, 10/24/08

*Ladie’s Home Journal*, July, 2007, interview, p. 16.

*Newsweek*, June 18, 2007, interview, p. 49.

KPQ-AM The 2 o’clock report, interviewed concerning the (“*Finding our Way: Living With Dying In America*”) newspaper series. 1/15/2002

KOHO-FM RADIO (“Round Up”), interviewed concerning the (“*Finding our Way: Living With*

*Dying In America*”) newspaper series. 1/3/2002

KUOM-FM Interviewed concerning the (“*Finding our Way: Living With Dying In America*”) newspaper series 12/13/01

KVMI-FM Ben and Jim Morning Show. Interviewed concerning the (“*Finding our Way: Living With Dying In America*”) newspaper series. 11/26/01

WEEA FM (“Morning Journey”), interviewed concerning the (“*Finding our Way: Living With Dying In America*”) newspaper series. Baltimore, MD 11/21/01

Cable Radio Network (“The Mike Horn Show”) NATIONAL, interviewed concerning the (“*Finding our Way: Living With Dying In America*”) newspaper series. Los Angeles, CA, 11/20/01

CKNX Radio (“The Talk Show”), NATIONAL, interviewed concerning the (“*Finding our Way: Living With Dying In America*”) newspaper series. Wingham, CANADA, 11/20/01

KSRK AM (“All Talk”), interviewed concerning the (“*Finding our Way: Living With Dying In America*”) newspaper series. Monterey, CA Monterey, CA, 11/14/01

WMCA (“Andy Anderson Live”) interviewed concerning the (“*Finding our Way: Living With Dying In America*”) newspaper series. Hasbrouck, NJ, 11/13/01

KLIK-AM (“Daybreak”) Live, Interviewed concerning the (“*Finding our Way: Living With Dying In America*”) newspaper series. Columbia, MO 11/12/01

KMYL FM (“Your Second 50 Years”) Interviewed concerning the (“*Finding our Way: Living With Dying In America*”) newspaper series. Phoenix, AZ 11/10/01

KFRU FM (“The Morning Meeting”) Interviewed concerning the *Finding our Way: Living With Dying In America*”) newspaper series. Columbia, MO. 10/24/01

KGU Radio (“The Mike Buck Show”) Interviewed concerning the *Finding our Way: Living With Dying In America*”) newspaper series. Honolulu, HI 10/10/01

WAIC FM (“Hot Talk”) . Interviewed concerning the *Finding our Way: Living With Dying In America*”) newspaper series, Springfield, MA 10/4/01

KCNN 15.90 (“Afternoon Magazine”) Crookston, MN Interviewed concerning the *Finding our Way: Living With Dying In America* newspaper series, 9/26/01.

WCCO Radio (CBS): *Late Show* with Brad Walton, interviewed on end-of-life issues and the Bill Moyers television series *On Our Own Terms*, Minneapolis, MN, 9/28/00.

Kato, D. (1999, November 11). Whose home for the holidays? The San Jose Mercury News, pp. E1, E16. Interviewed and cited in article.

KICU TV, Interviewed concerning school shootings in Littleton, Colorado and in Georgia, 4/99

Kato, D. (1997, May 20). When remembering hurts. The San Jose Mercury News, pp. E1, E3. Interviewed and cited in article.

WABI-TV (Channel 5 in Bangor, Maine, 6p.m. show): interviewed on stress experienced by health professionals working with people facing life-threatening illness, Bangor, Maine, 11/16/96

ASE/K2SE Radio (Minnesota Public Radio, morning newscast with Joe Follansbee): Interviewed as keynote speaker at a Mayo Clinic conference on the physician-patient relationship, Rochester, Minnesota, 6/14/96

WDWS Radio ("M, Afternoons with Mark Heimberger): Interview on stress in professional, volunteer, and family caregivers in the context of terminal illness, Champaign, IL, 12/13/95

KTTC-TV (Channel 10 in Rochester, MN), interviewed concerning stress experienced by health professionals working with people facing life-threatening illness. 7/28/95

KTKR Radio, (The Ron Aron Show): Interview on self-concealment and health research, San Antonio, Texas, 10/27/94

WHYN Radio (The Dan Williams Show): Interview, on self-concealment and health, Springfield, Massachusetts, 10/13/94

Family Circle Magazine, article on my self-concealment research, November 1, 1994, p. 58.

CKNW Radio (Daily international news program): Interview, on self-concealment and health, "The World Tonight," Philip Till interviewer, Vancouver, Canada, 10/12/94

WCCO Radio (CBS): *Fitness Factor*, on "The Helper's Journey," Dan Hertzgaard interviewer, Minneapolis, MN, 9/26, 9/28, 9/30

CKNW Radio ("M--Daily international news program): Interview, on self-concealment and health, "The World Tonight," Philip Till interviewer, Vancouver, Canada, 7/11/94

KCCI TV 8 (CBS for Central Iowa), Interview, Mary Brubaker, Producer, Des Moines, Iowa, 10/2/90

WHO Radio, Jim Zabel Show, Interviewer, Des Moines, Iowa, 10/1/90

Press Conference, Milan, Italy, on the topic of health psychology in Italy. There were 25 reporters at this press conference. I introduced the basic concepts of health psychology and illustrated how they could be applied and further studied in Italy, 6/13/89

KCTU TV interview on San Ysidro massacre, June, 1984. A recording of this interview is available in the Santa Clara University Media Services Tape Library.